Mike & Sonya

Thank you for looking at our profile.
We hope that it helps you get to know us a little bit.

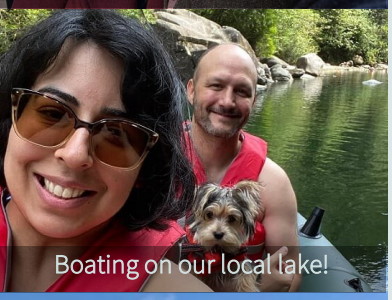
A bit about us...

Thanks to the wisdom of a mutual friend, we met 15 years ago over a cup of coffee. After a long, lively discussion about our lives, interests, and politics, we both felt a spark and knew that whatever existed between us was very special. After dating for 3 years, we married in December 2008 during a snow storm. Our marriage is built on love, mutual respect, and partnership. It's inter-racial and inter-faith, which has created a diversity in our family that enriches our lives. We try to live our lives with compassion for others, an understanding of the oneness of humanity, a commitment to service to the community, and a love for learning. We are each other's best friend and have been longing for a child to share our love.

"Mike is warm, patient, loving, caring, and gentle. I'll never forget how comfortable I felt around Mike when I first met him and that feeling has never left. I can talk to him about everything – from Star Wars and Harry Potter to politics, faith, and spirituality. He truly has the best heart of anyone that I know. He is a sweet, loving and fun uncle to the children in our lives. He is the foundation of the fortress of my well-being and my partner in everything" ~ Sonya

"Sonya's empathy and caring for others is hard to miss. She dedicates herself to helping others through her work, teaching, and volunteer efforts. She's silly, brilliant, funny, thoughtful, and caring. I've known from the very beginning that she would be a wonderful mother. Her parents' experience as refugee immigrants to Canada created in her a deep desire to help those that need it and a strong sense of social justice. Sonya is my best friend, my confidante, and my favourite person to spend time with." ~ Mike

Windsor Castle, England


Boating on our local lake!

Our visit to Rome
(a favourite!)

Beach day with Obi

Comic-Con!

Our Lifestyle
Learning, Adventures, and a Puppy in Costume!

We're avid readers and value life-long learning. We also love to explore – whether at our local trails and parks or visiting a different province or country. Learning about places and topics that are new to us enriches our lives in so many ways and a love for learning and exploration is something we wish to nurture in our family. Your child would be encouraged to explore the world around them and to pursue whatever interests they may have.

We also love live music, theatre, and sporting events—from folk festivals to rugby tournaments, and everything in between. A favourite activity of ours is to dress-up for comic-con and Halloween, which our dog Obi graciously tolerates (we assume).

Our Family - Big, Warm, and Close

We both have large families and are close to our cousins, aunts, and uncles. We're grateful to have 6 nieces and 5 nephews in our lives. With large families, birthdays and holidays are a big deal! We spend as much time with our nieces and nephews as possible and we are lucky to live a 10 minute walk away from Sonya's parents and their dog, Chico. Our dog Obi joined our family in May 2020 and is the social butterfly of our neighbourhood. He loves playing with the children on our street and is always excited to meet everyone.

Our Community - Natural, Joyful, and Safe

We are grateful to live in a beautiful community surrounded by nature and parks. We own a single family home in a family friendly community where children play with each other in our neighbourhood park and playground and where families of deer often visit!

Why adoption?

We always knew that adoption would be part of our lives. We talked about becoming parents from the earliest days of our relationship, and adoption was always a part of that conversation. We both have a love for children and have been blessed to be surrounded by so many through friends and family. Growing our family has been a dream of ours for a very long time. After journeying through infertility, our path toward adoption became clearer. Our love for each other is very strong and have been yearning to bring a child to share that love. We are so excited to do so through adoption.

Our Promise to You
Diversity, Love, and Family

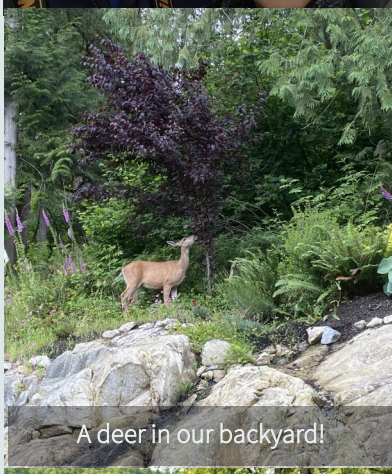
A belief in the oneness of humanity plays a central role in our family. We value cultural, racial, and religious diversity and believe in the importance of embracing different ideas, experiences, and cultures. We know that any child that eventually joins our family will be coming from a family with its own history and heritage; we will promise to nurture that important connection with their history and heritage.

We would be honoured to weave your child's culture and history into ours and would love to have you continue to be a part of their life, with whatever level of openness you wish to have.

Thank you for reading! ~ Sonya, Mike and Obi

Obi-Wan, the Jedi Puppy

Peggy's Cove, Nova Scotia


A deer in our backyard!

Visiting family

Biking in Italy